

**The Dental Group**  
6200 Baltimore Avenue  
Suite 200  
Riverdale Park, MD 20737

Phone: 301-864-5200  
www.thedentalgroup.com

## We Offer "Invisible" Orthodontics

**Want to straighten your teeth...but not wear braces? Ask us about "Invisible" Orthodontics!**  
Here are some of the advantages that clear aligners can offer:

- Constructed of clear polymer material—most people won't even know you're wearing them
- Smooth material is comfortable in your mouth
- Conveniently removable for eating, brushing, etc. Just reinsert when ready
- Cost is comparable to traditional metal braces
- Treatment time is the same or faster than traditional braces
- Custom molded to fit your smile



**The Dental Group** offers Invisalign® brand aligners. The majority of adults and teens can benefit from this method of tooth alignment. However, **an examination and consultation with one of our staff is necessary** to determine the needs of each individual patient. To learn more about how Invisalign® clear aligners can give you a reason to smile, call us at **301-864-5200** today for a **FREE CONSULTATION!**



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### MEET OUR TEAM

#### GENERAL DENTISTS

Mark J. McClure *D.D.S., N.D., F.A.G.D.*  
Frederick J. Blumenfeld *D.D.S.*  
Anthony J. DiGregorio *D.D.S.*  
Tillman R. Sease, Jr. *D.D.S.*  
Ramien R. Tajick *D.D.S.*  
Kashia Figueroa *D.D.S.*

#### ENDODONTIST

Kathleen T. Frankle *D.D.S., M.S.*

#### PERIODONTIST

Sarah K. Park *D.D.S., M.S.*

#### ORTHODONTIST

David C. Williams *D.D.S.*

#### PEDODONTIST

Teresa Regil *D.D.S.*

#### PRACTICE ADMINISTRATOR

Carol L. Patsel

#### DENTAL HYGIENISTS

Carol D. Cromer *R.D.H., B.S.*  
Carol Levy *R.D.H.*

Care, Comfort,  
Compassion & Convenience.



# DENTAL HEALTH TODAY

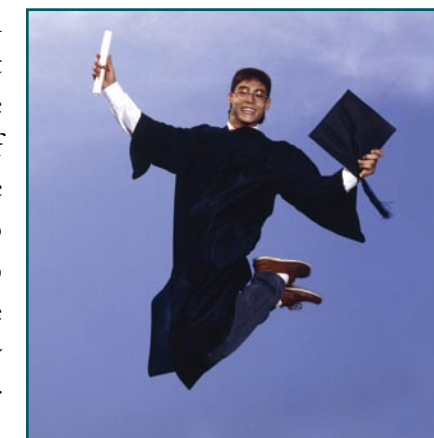
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## The Dental Group Announces Scholarship Opportunity

Although we've worked hard to make our practice the best that it can be, we would be nowhere without the support and loyalty of our patients. As part of our mission to give back to the community, we are pleased to announce **The Dental Group Scholarship Program**. We feel truly fortunate to have the opportunity to serve our patients...and now we want to do something to aid some of our young adults to further their education.



For high school seniors graduating in the spring of 2007, we are announcing **The Dental Scholarship Program**. A \$1,000 scholarship will be awarded to a high school student as funding for his/her attendance at an accredited college, university or other institution of higher learning for the 2007-2008 academic year.

Student applicants must be current patients of record at The Dental Group. Along with a completed application and sealed school transcript, students must submit a 250 – 500 word essay on the

topic, "Who has had the greatest influence on your life and why?" These items must arrive at The Dental Group no later than Tuesday, May 1, 2007. An impartial panel of judges will be selected to determine the winner. The recipient of the scholarship will be notified no later than the third week of June, 2007.

Other guidelines, details, rules and restrictions will apply. For more details and an application, please call our office at **(301) 864-5200** and ask for **Carol Patsel**, or visit **www.thedentalgroup.com**.



*New Patients  
Always Welcome*

# An Extreme Makeover with Conscious Sedation

Tina Scites approached the podium and proceeded to address her colleagues at their employer's union meeting with a glowing smile and confidence to match. She had attended many of these meetings in the past. She had always come prepared and ready to speak if she was called upon to answer a question. She would sit quietly and listen to others deliberate and never thought of making her presence known. However, this day was very different from previous times. Tina felt differently about herself now. She was no longer embarrassed by her appearance. For the first time in years, she spoke with her hands resting in front of her, holding her notes, not over her mouth. She had a new, beautiful smile.



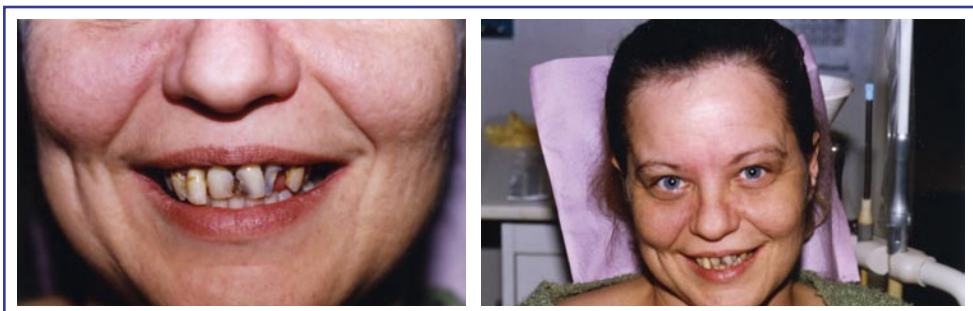
Tina Scites after her extreme dental cosmetic makeover with conscious sedation..

"My new smile has changed my life," as Tina tells her story. "I knew that I needed to go to the dentist, but I was petrified with the idea. As the years went by and my dental problems became more and more apparent, I gave up on any hope that my teeth could be restored. My fears turned into despair. I stopped caring about my overall appearance. When I look back, which was not very long ago, it's hard to believe how much my 'dental makeover' has lifted my spirits and self-esteem. I feel like a totally 'new and improved' person!"

It all began when Tina's dentist, Dr. Blumenfeld, suggested the use of a new form of sedation that requires his patients to take a pill, remain conscious during treatment and have only a dreamlike remembrance of the time spent in the dental chair. Most importantly, they felt no discomfort. In a matter of two visits, Tina's smile was completely transformed. With the use of conscious sedation, she was able to allow Dr. Blumenfeld to prepare multiple teeth for crowns, bridges and fillings during one appointment. "During my consultation and examination, Dr. Blumenfeld and his staff went over everything that I needed to have done. On the day of treatment, I took a pill an hour before my arrival time. By the time my sister drove me to The Dental Group, I was feeling totally relaxed. When I arrived, I was given additional medication, as needed, and was carefully monitored throughout the procedure. I have a few memories of my appointment on that day, but none associated with pain."

Tina adds, "I have nothing but kind words to express the way I have been treated by Dr. Blumenfeld and his staff, Nicoletta, Paul and Rhonda. At all times, they respected my fears and treated me in a very caring manner with compassion. I felt confident that I could place my trust in them. I want to say 'thank you for making me feel so at home in your office. And, most importantly, thank you for the new ME!'"

Tina's fears of dental treatment are not unique. On the contrary, a considerable portion of the population shares Tina's apprehensiveness when faced with the need for extensive dental work. Dr. Blumenfeld explains to his patients, "Fear is reality for us and has no boundaries. Oftentimes, it stands in the way of a person's ability to seek the care that they need. If we can put our patients at ease about needles and allay their concerns about experiencing pain, and in a very short period of time, Tina's story will be echoed through the testimony of many others just like her."



Tina before her extreme dental cosmetic makeover with conscious sedation.

Present this coupon during the month of September at your dental hygienist's visit for a **Free Crest SpinBrush!**

Crest SpinBrushes promote healthy brushing for that "just been to the dentist" clean feeling between visits. The SpinBrush **removes plaque, massages gums** and is **ergonomically designed** for a comfortable grip. Features include a **replaceable head** and **2 AA batteries**. It's just another way for us to say, "Thanks...and take care."



## Floss Is Boss

There's just no substitute for some things. You've got to study to get good grades, you need good, fresh vegetables to make a great salad—and you've got to floss to have a healthy mouth!

Brushing can keep the surface of your teeth free of plaque. Listerine & other mouthwashes can be a valuable part of your dental hygiene. But there is no substitute for flossing. You simply must floss to thoroughly clean between your teeth and around your gums. Neglect can cause gums to pull away from the teeth, forming pockets that can fill with bacteria. Left unchecked, this can lead to the decay of underlying bone and eventual tooth loss. If you have difficulty with flossing, please ask one of our staff about alternative interdental cleaners.

## Are Implants Right For You?

With the loss of one or more teeth, there may be more at stake than your smile. Missing teeth can lower confidence, but they can also contribute to other health problems. Implants are the ideal solution for many.



There are many reasons patients lose teeth, from accidental injury to periodontal disease or advanced decay that necessitates their removal. Whether the patient opts to replace these with full or partial dentures, or chooses to live with one or more gaps between the remaining teeth, the result can often prove problematic.

Denture wearers sometimes have problems achieving a proper fit, resulting in discomfort and difficulty with eating certain foods. Improperly fitting dentures or bridges can also contribute to self-consciousness regarding personal appearance which can contribute to lowered self-esteem and even depression.

A missing tooth can lead to deterioration of exposed gums and even the underlying jawbone. A bridge or partial denture can even add to the damage since they rely on neighboring teeth for support.

If you have healthy gums and underlying bone structure, implants may be a more desirable option for tooth replacement. Basically an artificial replacement for tooth roots, dental implants are surgically placed anchors upon which crowns can then be installed. Made of titanium and other materials that are well-suited to the human body, implants actually help to maintain jaw strength and health as they fuse with surrounding tissue. They also achieve a secure fit which can

help patients chew foods, such as steak, which might otherwise pose a problem for denture wearers. Implants can be used in both upper and lower jaws and have been used successfully for several decades.

Dental implants require good health, a three-step process to complete and a commitment to thorough oral hygiene and regular dental visits. If you would like to determine if you are a good candidate for implants, we will be happy to discuss your individual needs in detail with you. Please call our office at 301-864-5200 and talk to any of our staff.